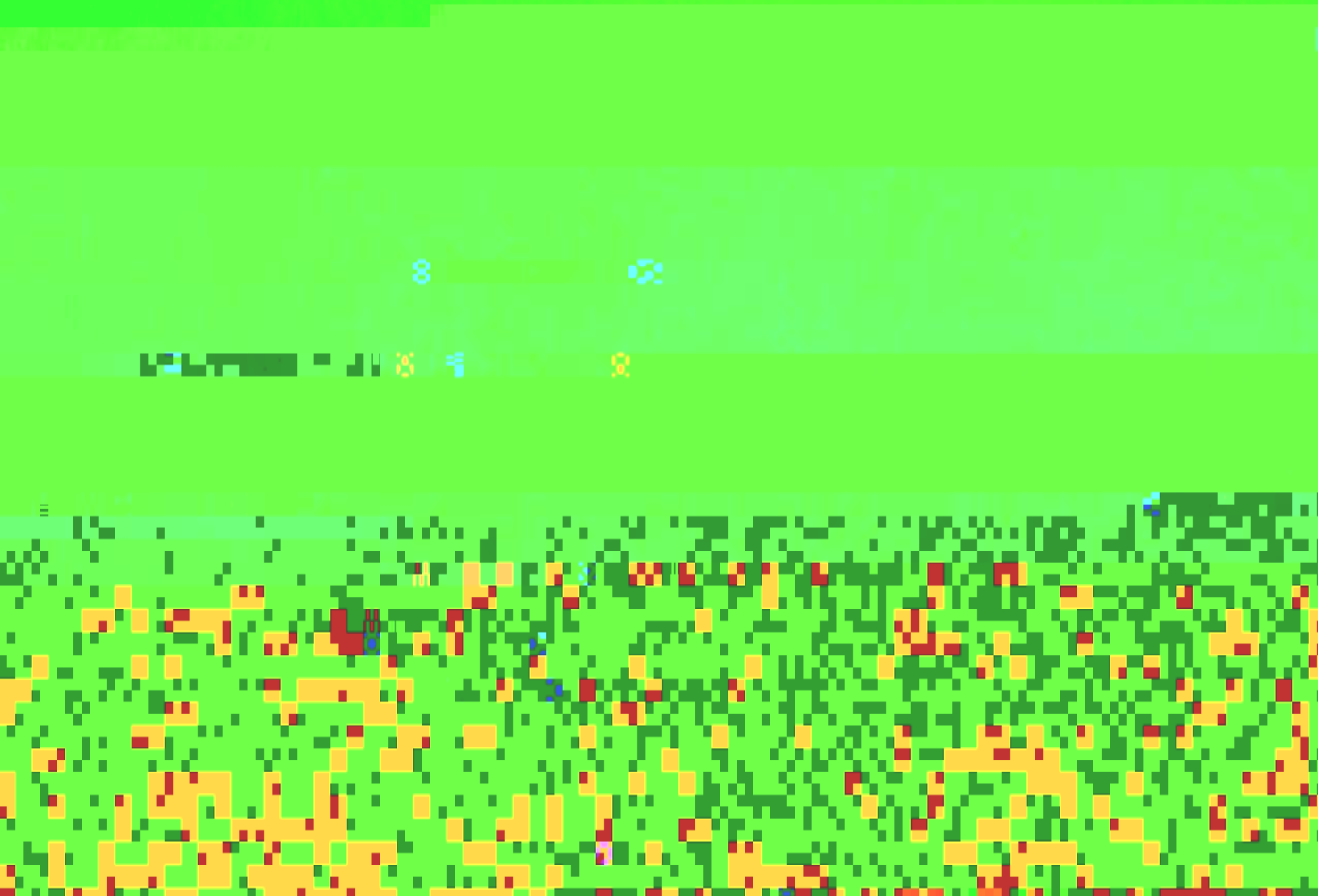


My Degree Map
COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN
EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION
PROGRAM YEAR 2017-2018

1ST YEAR



COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2017-2018

Complete all 6 sub-requirements (63 hours)

DR DENOTES A DEPARTMENTAL RECOMMENDED COURSE

A. AREA I:

Take the following courses:

Minimum Grade of "C" required

ENG 1101 Comp and Modern English I 3 hours

ENG 1102 Comp and Modern English II 3 hours

B. AREA II:

Take any 1000-2000 level course in literature 3 hours

Take any 1000-2000 level course with an expanded historical And Cultural Scope In fine arts, including the disciplines of Art, music, theatre, film, or other fine arts area. 3 hours

Take any two 1000-2000 level courses with an expanded Historical And Cultural scope in the humanities/fine arts Disciplines, including English, foreign languages, religion, Philosophy, classics, theatre, music, dance, communication, Sign language, interdisciplinary studies, or other humanities/Fine arts areas. 6 hours

C. AREA III:

Take The Following Courses:

TAKE BIO 1100/L100 Principles Of Biology W/Lab 3/1 hours

CHM 1142/L142 General Chemistry I W/Lab 3/1 hours

Take MTH 1112 ("C" or better) 3 hours

D. AREA IV:

Take Any 1000-2000 Level Course With A Primary Focus In History. 3 hours

Take Any Three 1000-2000 Level Courses From The Following Social Science Disciplines: Anthropology, Business, Criminal Justice, Economics, Geography, History, Human Services, Leadership Interdisciplinary Studies, Nursing, Political Science, Psychology, Religion, Social Work, Sociology, Or Other Social Science Areas. 9 hours

E. AREA V:

Take the following courses:

IS 2241 Computer Concepts & Applications 3 hours

TROY 1101 University Orientation 1 hour

KHP 1142 Beginning Weight Training 1 HOUR

KHP 2242 Intermediate Weight Training (Or Any 1000-2000 Level KHP Course) 1 HOUR

BIO 2220/L210 Principles Of Cell Biology/Lab 3/1 hours

CHM 1143/L143 General Chemistry II W/Lab 3/1 hours

KHP 2202 First Aid, Safety, Cpr 2 hours

KHP 2211 Human Nutrition 3 hours

COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2017-2018

EXERCISE SCIENCE PROGRAM

(40 hours)

Minimum 2.0 overall GPA Required

Take the following courses:

| | | |
|---------------|--|-----------|
| NSG 3315 | Pathophysiology | 3 hours |
| BIO 3347/L347 | Human Anatomy & Physiology I/Lab | 3/1 hours |
| BIO 3348/L348 | Human Anatomy & Physiology II/Lab | 3/1 hours |
| KHP 3352 | Kinesiology (F,SP, SUM B) | 3 hours |
| KHP 4459 | Sport & Exercise Nutrition (F, SP) | 3 hours |
| KHP 4474/L474 | Exercise Physiology/Lab (F, SP, SUM A) | 3/1 hours |
| KHP 4475 | Exercise Test & Prescription (F, SP) | 3 hours |
| KHP 4476 | Lab Practicum Exercise Performance (F, SP) | 2 hours |
| KHP 4488 | Issues & Practice Cardiac Rehabilitation (F, SP) | 3 hours |
| KHP 4495 | Advanced Exercise Physiology (F, SP) | 3 hours |
| KHP 4496/L496 | Biomechanics/Lab | 3/1 hours |
| KHP 4497 | Senior Seminar In Exercise (F, SP) | 1 hour |
| KHP 4498 | Internship In Exercise Science (F, SP, SUM) | 3 hours |

NUTRITION CONCENTRATION

(19 hours)

Take The Following Courses:

| | | |
|---------------|---|-----------|
| BIO 1101/L101 | Organismal Biology | 3/1 hours |
| KHP 3310/L310 | Introduction To Food Science W/Lab | 3/1 hours |
| KHP 3311 | Nutritional Assessment | 3 hours |
| KHP 3315 | Complementary And Alternative Therapies | 2 hours |
| KHP 3316 | Community Nutrition | 3 hours |
| KHP 4458 | Lifecycle Nutrition | 3 hours |

My Degree Map serves as a guide to assist you with the proper sequence and selection of courses. It does not replace your Program Evaluation (available through Trojan Web Express), which depicts the official document used to clear students for graduation. My Degree map includes the required course work and suggested sequence of courses for a particular degree program. Every reasonable attempt has been made to ensure accuracy of content. Please keep in mind that some courses, such as developmental or pre-requisite courses, are not reflected in My Degree Map. Completion of degree requirements is based on the specific catalog year under which you were admitted to TROY. Please consult the college catalog, your academic advisor, your specific school, department, or your Program Evaluation for any additional requirements.